



Los Angeles, CA 2009 and United States 2009 Results

<b>High School Youth Risk Behavior Survey</b>		
<b>Question</b>	<b>Los Angeles, CA 2009</b>	<b>United States 2009</b>
<b>Unintentional Injuries and Violence</b>		
<b>Rarely or never wore a bicycle helmet</b> (among students who had ridden a bicycle during the 12 months before the survey)	88.4 (86.1–90.4) †	84.7 (81.2–87.6)
<b>Rarely or never wore a seat belt</b> (when riding in a car driven by someone else)	6.7 (5.4–8.2)	9.7 (8.2–11.4)
<b>Rode with a driver who had been drinking alcohol one or more times</b> (in a car or other vehicle during the 30 days before the survey)	27.5 (24.9–30.3)	28.3 (26.7–29.9)
<b>Drove when drinking alcohol one or more times</b> (in a car or other vehicle during the 30 days before the survey)	6.4 (5.0–8.3)	9.7 (8.7–10.8)
<b>Carried a weapon on school property on at least 1 day</b> (for example, a gun, knife, or club during the 30 days before the survey)	3.7 (2.5–5.4)	5.6 (5.0–6.3)
<b>Did not go to school because they felt unsafe at school or on their way to or from school on at least 1 day</b> (during the 30 days before the survey)	8.1 (5.8–11.2)	5.0 (4.3–5.7)
<b>Threatened or injured with a weapon on school property one or more times</b> (for example, a gun, knife, or club during the 12 months before the survey)	8.4 (6.4–10.8)	7.7 (6.9–8.5)
<b>In a physical fight on school property one or more times</b> (during the 12 months before the survey)	12.9 (10.8–15.2)	11.1 (10.0–12.2)
<b>Bullied on school property</b> (during the 12 months before the survey)	15.0 (13.2–16.9)	19.9 (18.8–21.1)
<b>Felt sad or hopeless</b> (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)	30.1 (26.6–33.8)	26.1 (24.8–27.5)
<b>Seriously considered attempting suicide</b> (during the 12 months before the survey)	12.6 (11.3–13.9)	13.8 (13.1–14.6)
<b>Made a plan about how they would attempt suicide</b> (during the 12 months before the survey)	10.7 (9.0–12.7)	10.9 (10.0–11.8)
<b>Attempted suicide one or more times</b> (during the 12 months before the survey)	8.8 (6.7–11.5)	6.3 (5.7–7.0)
<b>Suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse</b> (during the 12 months before the survey)	3.2 (2.0–5.1)	1.9 (1.6–2.3)
<b>Carried a weapon on at least 1 day</b> (for example, a gun, knife, or club during the 30 days before the survey)	12.2 (9.9–15.0)	17.5 (16.1–19.0)

survey)		
<b>Carried a gun on at least 1 day</b> (during the 30 days before the survey)	3.5 (2.7–4.5)	5.9 (5.1–6.9)
<b>In a physical fight one or more times</b> (during the 12 months before the survey)	31.0 (27.2–35.1)	31.5 (30.1–32.9)
<b>Injured in a physical fight one or more times</b> (injuries had to be treated by a doctor or nurse, during the 12 months before the survey)	3.8 (2.6–5.6)	3.8 (3.3–4.3)
<b>Hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend</b> (during the 12 months before the survey)	12.0 (10.1–14.4)	9.8 (8.9–10.8)
<b>Ever physically forced to have sexual intercourse</b> (when they did not want to)	7.8 (5.8–10.5)	7.4 (6.7–8.3)
<b>Tobacco Use</b>		
<b>Ever tried cigarette smoking</b> (even one or two puffs)	41.4 (34.3–48.7)	46.3 (43.7–48.9)
<b>Smoked a whole cigarette for the first time before age 13 years</b>	9.3 (7.4–11.6)	10.7 (9.6–11.9)
<b>Smoked cigarettes on at least 1 day</b> (during the 30 days before the survey)	10.9 (8.3–14.3)	19.5 (17.9–21.2)
<b>Smoked cigarettes on 20 or more days</b> (during the 30 days before the survey)	1.6 (1.0–2.7)	7.3 (6.4–8.3)
<b>Smoked more than 10 cigarettes per day</b> (among students who currently smoked cigarettes, on the days they smoked during the 30 days before the survey)	6.1 (3.7–9.9)	7.8 (6.6–9.0)
<b>Smoked cigarettes on school property on at least 1 day</b> (during the 30 days before the survey)	3.1 (2.0–4.7)	5.1 (4.5–5.8)
<b>Ever smoked at least one cigarette every day for 30 days</b>	3.6 (2.3–5.5)	11.2 (10.0–12.6)
<b>Did not try to quit smoking cigarettes</b> (among students who currently smoked cigarettes, during the 12 months before the survey)	56.3 (50.8–61.8)	49.2 (45.9–52.6)
<b>Usually obtained their own cigarettes by buying them in a store or gas station</b> (among the students who were aged <18 years and who currently smoked cigarettes, during the 30 days before the survey)	11.4 (6.9–18.3)	14.1 (11.7–17.0)
<b>Used chewing tobacco, snuff, or dip on at least 1 day</b> (during the 30 days before the survey)	3.2 (2.3–4.6)	8.9 (7.3–10.8)
<b>Used chewing tobacco, snuff, or dip on school property on at least 1 day</b> (during the 30 days before the survey)	2.0 (1.2–3.3)	5.5 (4.4–6.8)
<b>Smoked cigars, cigarillos, or little cigars on at least 1 day</b> (during the 30 days before the survey)	9.0 (6.7–11.9)	14.0 (12.8–15.4)
<b>Smoked cigarettes; smoked cigars, cigarillos, or little cigars; or used chewing tobacco, snuff, or dip on at least 1 day</b> (during the 30 days before the survey)	12.4 (9.6–15.8)	26.0 (23.8–28.3)
<b>Alcohol and Other Drug Use</b>		
<b>Ever had at least one drink of alcohol on at least 1 day</b> (during their life)	68.2 (64.3–71.9)	72.5 (70.6–74.3)
<b>Drank alcohol for the first time before age 13 years</b> (other than a few sips)	25.5 (22.8–28.4)	21.1 (19.6–22.6)
<b>Had at least one drink of alcohol on at least 1 day</b> (during the 30 days before the survey)	35.2 (32.3–38.3)	41.8 (40.2–43.4)
<b>Had five or more drinks of alcohol in a row within a couple of</b>	18.6 (15.4–22.3)	24.2 (22.6–25.9)

<b>hours on at least 1 day</b> (during the 30 days before the survey)		
<b>Usually obtained the alcohol they drank by someone giving it to them</b> (among students who currently drank alcohol during the 30 days before the survey)	40.1 (34.3–46.1)	42.2 (40.3–44.1)
<b>Had at least one drink of alcohol on school property on at least 1 day</b> (during the 30 days before the survey)	6.9 (5.0–9.4)	4.5 (3.9–5.1)
<b>Ever used marijuana one or more times</b> (during their life)	37.6 (31.8–43.8)	36.8 (34.8–38.8)
<b>Tried marijuana for the first time before age 13 years</b>	9.6 (7.4–12.2)	7.5 (6.7–8.3)
<b>Used marijuana one or more times</b> (during the 30 days before the survey)	19.3 (15.5–23.8)	20.8 (19.4–22.3)
<b>Used marijuana on school property one or more times</b> (during the 30 days before the survey)	7.7 (6.0–9.9)	4.6 (4.0–5.4)
<b>Ever used any form of cocaine one or more times</b> (for example, powder, crack, or freebase, during their life)	9.7 (7.5–12.3)	6.4 (5.7–7.1)
<b>Used any form of cocaine one or more times</b> (for example, powder, crack, or freebase, during the 30 days before the survey)	3.6 (2.5–5.3)	2.8 (2.4–3.2)
<b>Ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times</b> (during their life)	16.9 (15.2–18.8)	11.7 (10.6–12.8)
<b>Ever used heroin one or more times</b> (also called "smack", "junk", or "China white", during their life)	3.8 (2.6–5.6)	2.5 (2.2–2.9)
<b>Ever used methamphetamines one or more times</b> (also called "speed", "crystal", "crank", or "ice", during their life)	7.1 (5.5–9.2)	4.1 (3.6–4.6)
<b>Ever used ecstasy one or more times</b> (also called "MDMA", during their life)	11.0 (8.6–14.0)	6.7 (5.8–7.6)
<b>Ever took steroid pills or shots without a doctor's prescription one or more times</b> (during their life)	3.5 (2.3–5.2)	3.3 (2.9–3.8)
<b>Ever used a needle to inject any illegal drug into their body one or more times</b> (during their life)	3.2 (2.2–4.6)	2.1 (1.8–2.5)
<b>Offered, sold, or given an illegal drug by someone on school property</b> (during the 12 months before the survey)	39.5 (33.9–45.4)	22.7 (20.7–24.9)
<b>Sexual Behaviors</b>		
<b>Ever had sexual intercourse</b>	38.3 (30.2–47.1)	46.0 (42.9–49.2)
<b>Had sexual intercourse for the first time before age 13 years</b>	5.1 (3.7–6.9)	5.9 (5.1–6.8)
<b>Had sexual intercourse with four or more persons</b> (during their life)	8.9 (6.5–12.0)	13.8 (12.4–15.4)
<b>Had sexual intercourse with at least one person</b> (during the 3 months before the survey)	25.6 (19.0–33.6)	34.2 (31.9–36.5)
<b>Drank alcohol or used drugs before last sexual intercourse</b> (among students who were currently sexually active)	18.7 (15.1–23.0)	21.6 (20.0–23.3)
<b>Did not use a condom during last sexual intercourse</b> (among students who were currently sexually active)	39.5 (34.1–45.1)	38.9 (36.9–41.0)
<b>Did not use birth control pills before last sexual intercourse</b> (to prevent pregnancy, among students who were currently	92.2 (88.6–94.7)	80.2 (77.5–82.6)

sexually active)		
<b>Were never taught in school about AIDS or HIV infection</b>	15.0 (11.9–18.8)	13.0 (11.7–14.3)
<b>Did not use Depo-Provera before last sexual intercourse</b> (to prevent pregnancy, among students who were currently sexually active)	98.9 (97.8–99.4)	96.9 (96.3–97.4)
<b>Did not use birth control pills or Depo-Provera before last sexual intercourse</b> (to prevent pregnancy, among students who were currently sexually active)	91.1 (87.5–93.7)	77.1 (74.3–79.7)
<b>Did not use both a condom during last sexual intercourse and birth control pills or Depo-Provera before last sexual intercourse</b> (to prevent pregnancy, among students who were currently sexually active)	97.0 (94.3–98.4)	91.1 (89.7–92.4)
<b>Dietary Behaviors</b>		
<b>Ate fruits and vegetables less than five times per day</b> (100% fruit juices, fruit, green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	80.5 (77.1–83.4)	77.7 (76.3–78.9)
<b>Did not drink 100% fruit juices</b> (during the 7 days before the survey)	18.7 (15.4–22.5)	19.4 (18.0–20.8)
<b>Did not eat fruit</b> (during the 7 days before the survey)	9.9 (7.9–12.5)	11.4 (10.1–12.9)
<b>Did not eat green salad</b> (during the 7 days before the survey)	46.8 (42.9–50.7)	36.6 (34.7–38.6)
<b>Did not eat potatoes</b> (excluding French fries, fried potatoes, or potato chips, during the 7 days before the survey)	41.4 (39.3–43.6)	31.2 (29.5–33.1)
<b>Did not eat carrots</b> (during the 7 days before the survey)	47.5 (43.6–51.3)	51.8 (49.5–54.2)
<b>Did not eat other vegetables</b> (excluding green salad, potatoes, or carrots, during the 7 days before the survey)	22.1 (19.7–24.8)	16.7 (15.3–18.1)
<b>Drank a can, bottle, or glass of soda or pop at least one time per day</b> (not including diet soda or diet pop, during the 7 days before the survey)	21.7 (18.3–25.6)	29.2 (27.2–31.2)
<b>Drank less than three glasses per day of milk</b> (during the 7 days before the survey)	90.6 (89.1–92.0)	85.5 (83.1–87.6)
<b>Ate fruit or drank 100% fruit juices less than two times per day</b> (during the 7 days before the survey)	65.2 (61.2–68.9)	66.1 (64.4–67.8)
<b>Ate vegetables less than three times per day</b> (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	88.9 (86.4–91.1)	86.2 (85.2–87.1)
<b>Overweight</b> (students who were $\geq$ 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data)	19.1 (17.7–20.6)	15.8 (14.7–17.0)
<b>Obese (students who were <math>\geq</math> 95th percentile for body mass index, by age and sex, based on reference data)</b>	14.1 (11.6–17.0)	12.0 (10.9–13.1)
<b>Described themselves as slightly or very overweight</b>	33.1 (29.8–36.6)	27.7 (26.7–28.6)
<b>Did not exercise to lose weight or to keep from gaining weight</b> (during the 30 days before the survey)	37.1 (34.6–39.7)	38.5 (37.2–39.8)

<b>Did not eat less food, fewer calories, or low-fat foods to lose weight or to keep from gaining weight</b> (during the 30 days before the survey)	62.1 (59.3–64.9)	60.5 (59.0–61.8)
<b>Went without eating for 24 hours or more to lose weight or to keep from gaining weight</b> (during the 30 days before the survey)	10.8 (8.7–13.3)	10.6 (9.7–11.5)
<b>Took diet pills, powders or liquids to lose weight or to keep from gaining weight</b> (without a doctor's advice, during the 30 days before the survey)	6.5 (4.7–9.0)	5.0 (4.5–5.5)
<b>Vomited or took laxatives to lose weight or to keep from gaining weight</b> (during the 30 days before the survey)	7.0 (5.2–9.5)	4.0 (3.5–4.4)
<b>Physical Activity</b>		
<b>Physically active at least 60 minutes per day on less than 5 days</b> (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	60.5 (54.8–65.9)	63.0 (61.2–64.8)
<b>Did not attend physical education classes in an average week</b> (when they were in school)	39.1 (33.4–45.1)	43.6 (36.4–51.1)
<b>Did not attend physical education classes daily</b> (when they were in school)	57.9 (47.0–68.2)	66.7 (60.7–72.3)
<b>Did not play on sports teams</b> (run by their school or community groups during the 12 months before the survey)	47.3 (45.1–49.5)	41.7 (38.9–44.5)
<b>Watched television 3 or more hours per day</b> (on an average school day)	39.5 (34.9–44.3)	32.8 (30.4–35.3)
<b>Used computers 3 or more hours per day</b> (played video or computer games or used a computer for something that was not school work on an average school day)	26.8 (24.1–29.8)	24.9 (22.9–27.0)
<b>Physically active at least 60 minutes per day on less than 7 days</b> (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	79.5 (74.8–83.6)	81.6 (80.5–82.7)
<b>Did not participate in at least 60 minutes of physical activity on any day</b> (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	17.5 (14.8–20.6)	23.1 (21.5–24.8)
<b>Asthma</b>		
<b>Ever told by a doctor or nurse that they had asthma</b>	19.6 (17.4–22.0)	22.0 (20.8–23.1)
<b>Ever told by a doctor or nurse that they had asthma and still have asthma</b>	6.8 (5.2–8.9)	10.8 (9.9–11.7)

#### Footnotes

†	Percentage, confidence interval
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**Application URL:** <http://apps.nccd.cdc.gov/youthonline/App/Results.aspx?TT=G&OUT=0&SID=HS&QID=QQ&LID=LO&YID=2009&LID2=XX&YID2=2009&COL=&ROW1=&ROW2=&HT=QQ&LCT=&FS=1&FR=1&FG=1&FSL=&FRL=&FGL=&PV=&TST=False&C1=&C2=&QP=G&DP=1&VA=CI&CS=N&SYID=&EYID=&SC=DEFAULT&SO=ASC&PF=1>